

BUY 3 FOR 2



1 - 31 Oct 2026



Period : 15 Oct - 8 Nov 2026

FREE



**LIMITED EDITION
DEEPAVALI PACKET**

with Purchase RM30 & above.

FREE GIFT DEAL



 1 - 31 Oct 2026

FREE



MK Hand Towel

MK Hygienix / MK Essentia
Range with
purchase of RM80 & above

FREE



Foldable Picnic Box

Morinaga Chil-Kid
with purchase of 8 boxes (700g) or
6 tins (900g) of Step 3 or 4

FREE



Animal Blanket

Sensodyne Range
with purchase of RM38 & above

FREE



**Scotty Heroes
Blind Box Plushie**

Scott's Range
with purchase of RM38 & above

FREE



Penguin Plus Toy

Jordan Range
with purchase of RM30 & above

FREE



Bunny Pouch

Duracell Battery Range
with purchase of RM30 & above

FREE



Shoe Bag

Tiger Balm Range
with purchase of RM20 & above

FREE



Tote Bag

Lactacyd Range
with purchase of RM50 & above

FREE



Foltene Conditioner 180ml

Foltene
Shampoo 200ml Range
with purchase of any 1 unit

FREE



Anti-Dandruff Shampoo 340ml

Himalaya Range
with purchase of any 1 unit

FREE



Milk Frother

Novamil Range
with purchase of RM150 & above

FREE



Glass Food Container

Legalon or Viartril-S
with purchase of 3 units of
Legalon or Viartril-S products

BEST VALUE COMBOS

1 - 31 Oct 2026



Purenat Gold + Goat Milk Powder 400g / Premium Goat Milk Powder 800g
BUY 2 OFF 10%
Unit Price: RM59.90 - RM89.90



Bonlife Selected Items
BUY 2 OFF 10%
Unit Price: RM72.40 - RM159.00



Acti-Tape Colour Beige / Blue / Black (5cmx5m)
BUY 2 @ RM78.80
Unit Price: RM44.90



MK Hygienix Goat's Milk Shower Cream Orange / Original / Rose 1000ml
BUY 2 @ RM14.90
Unit Price: RM9.90



MK Hygienix Goat's Milk Shower Cream Orange / Original / Rose 2000ml
BUY 2 @ RM19.90
Unit Price: RM13.90



MK Hygienix Antibac Hand Wash Citrus / Cucumber / Grape 500ml
BUY 3 @ RM18.00
Unit Price: RM7.90



Cap K 3 Cooltopia Penyejuk Badan Lychee / Lime 320ml
BUY 2 @ RM5.50
Unit Price: RM2.90



Sofy 360 Panty Cool (M-L) (L-XL) (2's)
BUY 2 @ RM11
Unit Price: RM6.90



Strepsils Cooling Menthol / Honey & Lemon / Orange With Vitamin C-100 (12loz)
BUY 2 @ RM16
Unit Price: RM9.20



Gaviscon Advance Liquid Sac 4X10ml
BUY 2 @ RM39.90
Unit Price: RM22.80



Systane Ultra Eye Drop (10ml) / (24X0.5ml)
BUY 3 FREE 1
Unit Price: RM21.90 - RM43.90



Flavettes Mskranberi / Mskristal / Mskranberi 30sac
BUY 1 FREE 1
Unit Price: RM68.20 - RM113.80

JUST FOR MEMBERS

1 - 31 Oct 2026



10% OFF

Jordan Toothpaste
Step 1 / Step 2 (75g)
RM8.30
Unit Price: RM9.30



15% OFF

Jordan Toothbrush
Step 1 / Step 2 / Step 3
RM11.80
Unit Price: RM13.90



Sofy Hada Night 29cm /
36cm (10's) /
Day 26cm (17's)
RM11.90
Unit Price: RM13.00



Farcent Deodorizer Pure
Charcoal 300+50ml /
Dehumidifier Disposable
Rose / Charcoal 4X400ml
RM13.20
Unit Price: RM14.90



50% OFF

Himalaya Pro Ext Moist /
Gentle Daily Care /
Repair & Regeneration /
Protein Shampoo 400ml
RM14.20
Unit Price: RM28.40



50% OFF

Himalaya Anti-Dandruff /
Anti-Hair Fall
Shampoo Range 400ml
RM14.20
Unit Price: RM28.40



Darlie Toothpaste
Double Action
Fresh Clean 2X175g / Enamel
Protect / Multicare 2X140g
RM15.90
Unit Price: RM17.90 - RM18.70



Thursday Plantation
Tea Tree / Lavender /
Peppermint Oil 25ml
**RM25.00 -
RM30.00**
Unit Price: RM46.90 - RM67.80



RM5 OFF

Biore UV Aqua Watery
Essence SPF50 (50g)
RM22.90
Unit Price: RM27.90



RM5 OFF

Dermaveen Moisturising Lotion /
Soap Free Wash Ph5.5 (500ml)
RM44.90
Unit Price: RM49.90



RM5 OFF

Hada Labo Premium
Whitening Water
Cream / Gel 50g
RM64.80
Unit Price: RM69.80



Hada Labo Premium
Whitening Lotion
Rich / Light 170ml
RM59.90
Unit Price: RM63.50

JUST FOR MEMBERS

1 - 31 Oct 2026



up to 35% OFF

Cosmoderm
Selected Items



RM5 OFF

Good Virtues Co.
Healthy Hair & Scalp Shampoo
All Hair Types / Anti-Dandruff
Care Shampoo / Conditioner
Nourish Hair Fall Protect 300ml

RM11.90

Unit Price: RM16.90



Selsun Blue Pro-X Extra
Strength / Pro Extra
Moisturizing / 2 In 1 (120ml)

RM21.90

Unit Price: RM22.80



Megumi Anti Hair
Loss Shampoo
Moist / Fresh 250ml

RM38.90

Unit Price: RM41.50



Certainty Airy
Dry Pants M - XXL

RM18.90

Unit Price: RM19.80



Certainty Dry
Max Pants M - XL

RM25.50

Unit Price: RM26.50



5% OFF

Jordan Toothpaste Pump
Step1 Strawberry /
Step2 Grape 188g

RM25.40

Unit Price: RM26.80



Dettol Shower Gel Original /
Proskin Sakura Blossom
Body Wash 900ml /
Gel Cool / Fresh 950ml

RM20.90

Unit Price: RM21.50



10% OFF

MK Essentia
Anti Acne Spot Gel With
Niacinamide 25g

RM20.60

Unit Price: RM22.90



LPM Knee Support 647
S - XL (Unit)

RM37.20

Unit Price: RM39.20



10% OFF

Manuka Health Honey
MGO 115+ / 400+ (500g)

RM118.80 -

RM241.20

Unit Price: RM132.00 - RM268.00



20% OFF

Lactoday For Kids / Men /
Women 2gX30sac

RM111.20 -

RM127.20

Unit Price: RM139.00 - RM159.00

BUY 3 FOR 2

1 - 31 Oct 2026



BUY 3 FOR 2

Hanako Black Velvet Glo / Curmeric / Green / Peach / Iriz Viz / 2gX20sac

Unit Price: RM58.80



BUY 3 FOR 2

Cilavit D3 1000IU (60tab)

Unit Price: RM45.00



BUY 3 FOR 2

Take-it 4 Fingers Yoghurt Berry 35g

Unit Price: RM3.60



BUY 3 FOR 2

Take-it 4 Fingers 35g

Unit Price: RM2.70



BUY 3 FOR 2

Follow Me Antibacterial Body Wash Extra Cool / Natural Fresh / Whitening 500ml

Unit Price: RM9.50



BUY 3 FOR 2

Garnier Bright Complete Vit C / Sakura Glow Ceramide Water Gel 20ml

Unit Price: RM17.90



BUY 3 FOR 2

Himalaya Dark Spot Turmeric Face Wash 100ml

Unit Price: RM15.50



BUY 3 FOR 2

Himalaya Brightening Vit C Orange Face Wash 100ml

Unit Price: RM13.10



BUY 3 FOR 2

Bzu Bzu Kids Fresh Cooling / Silky Soft Shampoo / Happy Body Wash 600ml

Unit Price: RM23.90



BUY 3 FOR 2

Bzu Bzu Baby Cooling Lotion 200ml

Unit Price: RM16.80



BUY 3 FOR 2

Rosken Sensitive Skin Cream 400ml

Unit Price: RM40.90



BUY 3 FOR 2

Rosken Dry Skin Lotion 400ml

Unit Price: RM39.90



BUY 3 FOR 2

Yuka Zan Acne Healing Patch Range 20's

Unit Price: RM16.90



BUY 3 FOR 2

Yuka Zan Roll On All Range 10ml

Unit Price: RM39.80



BUY 3 FOR 2

Karex One Super Studs / Extended Pleasures 3's

Unit Price: RM9.90



BUY 3 FOR 2

MK Medikare One Step HCG Pregnancy Test Kit (unit)

Unit Price: RM7.50



BUY 3 FOR 2

Kotex Overnight Panties (M-L) / (L-XL) (5+1's)

Unit Price: RM12.90



BUY 3 FOR 2

MK Hygienix Silky Soft Adult Wipes 40's

Unit Price: RM6.90



BUY 3 FOR 2

MK Hygienix Silky Soft Baby Wipes 2x30's

Unit Price: RM6.90



BUY 3 FOR 2

MK Hygienix Silky Soft Wet Wipes 10's

Unit Price: RM2.20

BUY 3 FOR 2

1 - 31 Oct 2026



BUY 3 FOR 2

Vitalux Plus
Omega 3 (28cap)

Unit Price: RM62.80



BUY 3 FOR 2

Vitalux Plus
Time Release 30tab

Unit Price: RM55.80



BUY 3 FOR 2

Linkus Nova
Lozenges Orange /
Honey Lemon /
Strawberry 2X9tab

Unit Price: RM7.80



BUY 3 FOR 2

Spoon Health
Organic
Chia Seed 150g

Unit Price: RM14.50



BUY 3 FOR 2

Himalaya
Vajomba Pastilles
Berry Sakura /
Honey Lemon /
Peppermint 25g

Unit Price: RM3.50



BUY 3 FOR 2

Bzu Bzu
Baby Cooling
Powder 140g

Unit Price: RM9.40



BUY 3 FOR 2

Garden of Eden
Rosa T Acne Serum /
Scar Serum
Natur E 5ml

Unit Price: RM34.50



BUY 3 FOR 2

Garden of Eden
Primrose /
Grape E 5ml

Unit Price: RM33.80



BUY 3 FOR 2

Eagle Fresh On
Original /
Barley Mint /
Lavender 8ml

Unit Price: RM7.90



BUY 3 FOR 2

Betadine Fem
Wash Foam Fresh
& Active / Moist
Calendula 100ml

Unit Price: RM16.50



BUY 3 FOR 2

Breathe Free
Vapour Patch Kids /
Adult 5's

Unit Price: RM17.90



BUY 3 FOR 2

Garnier Sakura
Glow Hyaluron /
Bright Complete Vit C
Serum Mask (unit)

Unit Price: RM9.50



BUY 3 FOR 2

Refresh Plus
Eye Drops 30x0.4ml

Unit Price: RM35.90



BUY 3 FOR 2

Refresh Tears
Eye Drops 15ml

Unit Price: RM16.80



BUY 3 FOR 2

Colgate Optic
White Mint Plus
Mineral / Exfoliating
Mineral 100g

Unit Price: RM13.60



BUY 3 FOR 2

Little Tree
Air Freshener
Assorted Flavours

Unit Price: RM9.30



BUY 3 FOR 2

One Touch
Select 25's

Unit Price: RM38.50



BUY 3 FOR 2

GP Greencell
AA / AAA (4+2's)

Unit Price: RM8.30



BUY 3 FOR 2

Duracell
Copper Top
AA / AAA (2's)

Unit Price: RM8.40



BUY 3 FOR 2

Duracell
Copper Top
AA / AAA (4's)

Unit Price: RM15.40

PWWP UP TO 50% OFF



1 - 31 Oct 2026

* Limit 5 Units Per Customer In A Single Receipt

LIMITED TIME ONLY!



MK Hygienix Goat's Milk Shower Cream Assorted Flavour 70ml
RM 1.95
NP: RM3.90



MK Essentia Soothing Serum 30ml
RM 55.40
NP: RM140.90



MK Hygienix PowerKleen Natural Dishwash 1L
RM 9.90
NP: RM14.90

Household Essentials



MK Medikare Alcohol Swab 50x2pc
RM 4.30
NP: RM4.80



Dettol Liquid (1L+ 250ml)
RM 52.20
NP: RM54.20



Mr Muscle Multi-purpose Cleaner Lavender 1L
RM 6.90
NP: RM9.50



Mr Muscle Multi-purpose Cleaner Ocean Escape 1L
RM 6.90
NP: RM9.50

Bites & Boost



MegaLive Liko Drops Tangerine / Honey Lemon / Blackcurrant 8's
RM 4.90
NP: RM5.20



Spoon Health Himalayan Pink Rock Salt 250g
RM 1.70
NP: RM1.90



MegaLive Kids Opti Plus 45sac
RM 49.90
NP: RM104.60



Exp: 11/26
Exp: 2/27
Nouvelle Bitter Melon / Milk Thistle / Red Yeast Rice / Ginkgo Bacopa Clearance 6x10vcap
RM 39.90
NP: RM49.90



Exp: 2/27
Exp: 1/27
Cebion Vit C Chew 500mg (3x30tab)
RM 32.70
NP: RM34.80



Mooit Crispy Brownie Bites Granola 100g
RM 12.90
NP: RM14.90



Gaviscon Liquid Sac 5x10ml
RM 14.60
NP: RM15.60



HS Stevia Natural Drops 10ml
RM 28.90
NP: RM29.90



Seven Seas Multivitamin Syrup Orange 100ml / Cod Liver Oil Gold 100cap
RM 20.10 - RM 20.30
NP: RM21.40 - RM21.60



Cebion Vit C Chew 500mg (3x30tab)
RM 32.70
NP: RM34.80

Groom & Personal Care Picks



Clearwipe Lens Cleaner 20's
RM 9.00
NP: RM13.90



Oral-B Ultra-thin 0.01mm Green Tea Ext Soft (2+1's/set)
RM 11.70
NP: RM16.80



HS Petroleum Jelly 90g
RM 11.80
NP: RM13.40



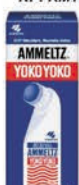
MK Essentia Aidne-Clear Anti-Acne Soap / Reliev Antibacterial Soap 100g
RM 9.90
NP: RM12.90



Eye Mo Regular / Moist 15ml
RM 6.80 - RM 8.90
NP: RM7.60 - RM9.90



Jordan Target Sensitive 2+1 (Set)
RM 12.00
NP: RM14.20



Ammeltz Yoko Yoko 48ml
RM 12.30
NP: RM13.50



MK Essentia Pain Relief Cream with Eucalyptus 30g
RM 12.90
NP: RM14.90



Skinlabs Moist Aloe Vera Gel 200ml
RM 11.80
NP: RM16.90



Bepanthen Baby Ointment 30g
RM 11.50
NP: RM12.80



Sunplay Sport Sunscreen 50+ (30g)
RM 15.90
NP: RM16.80



Senka Perfect Whip / Collagen In 120g / Vitamin C Poreless Glow / Fresh / Acne Care 100g
RM 16.00 - RM 18.80
NP: RM20.90 - RM25.90



Cetaphil Gentle Exfoliating Salicylic Acid Lotion 236ml
RM 45.90
NP: RM54.90



MANAGING PMOS THROUGH NUTRITION

HEALTHY CHOICES, BETTER PMOS MANAGEMENT



1



1. CHOOSE THE RIGHT TYPE OF CARBOHYDRATES

Women with PMOS should choose complex carbohydrates because they are digested more slowly, helping to keep blood sugar levels stable and improving insulin sensitivity. These foods also provide more fibre, helping you stay full longer and reducing cravings.

Limit refined carbohydrates and sugary foods such as white bread, cakes, pastries, sweets, sweetened drinks and bubble tea, as they may cause blood sugar spikes.



2



2. EAT ENOUGH TOTAL FIBRE EVERY DAY

Aim for 25–30 g of fibre daily.

Fibre slows down glucose absorption, improves digestion, supports weight management and may help reduce cholesterol levels.

Try to fill half of your plate with vegetables during lunch and dinner.

3



3. MEAL TIMING MATTERS

Skipping meals, especially breakfast, may lead to overeating later in the day and unstable blood sugar levels.

For better blood sugar control:

- * Eat regular meals.
- * Don't skip breakfast.
- * Try to finish dinner before 9.00 pm.
- * Avoid frequent late-night snacking.



4



4. SUPPLEMENTS

Some supplements may help women with PMOS, but they should only be taken based on individual needs and healthcare advice. Always consult your doctor, pharmacist or dietitian before starting any supplements.

- **Myo-inositol** – may improve insulin sensitivity, ovulation and menstrual regularity.
- **Vitamin D** – may support hormone balance.
- **Omega-3 fatty acids** – Help reduce inflammation and improve blood lipid levels.

There is no single PMOS diet. Choosing high-fibre foods, eating regular balanced meals, staying physically active and maintaining a healthy lifestyle can improve insulin sensitivity, reduce androgen levels and help manage PMOS symptoms.

Most importantly, there is no need to follow an extremely restrictive diet. The goal is to develop sustainable eating and lifestyle habits that fit your individual needs, preferences and health condition.



Understanding PMOS : How It Affect Your Body & Fertility



Tan Yue Wan
Pharmacist at Mega Kulim Pharmacy

Polycystic ovary syndrome (PCOS), a condition that affects one in eight women, or more than 170 million women worldwide, was officially renamed to polyendocrine metabolic ovarian syndrome (PMOS) on May 12, 2026, to better reflect the condition's whole-body metabolic and hormonal involvement rather than just an ovarian disease.



KEY FACTS ABOUT PMOS

- 1** A common hormonal disorder in which there are higher than normal androgen levels
- 2** It is estimated that 70% of women worldwide do not know that they have PMOS
- 3** It's a common cause of anovulation among women and a leading cause of infertility
- 4** PMOS runs in families but can cause a range of different symptoms
- 5** PMOS poses higher risk of long-term health problems that affect physical and emotional well-being
- 6** PMOS affects an estimated 10–13% of reproductive-aged women

COMMON SYMPTOMS :



ASSOCIATED WITH INCREASE RISK OF :



HOW IS PMOS DIAGNOSED?

There is no single test for PMOS. Diagnosis is based on symptoms, physical examination, blood tests, and sometimes an ultrasound scan.

A woman is usually diagnosed with PMOS if she has at least two of the following symptoms: irregular or absent periods, signs of increased androgen hormones (such as acne or excess facial hair), or polycystic ovaries seen during ultrasound scans. Blood tests may also be done to rule out other conditions with similar symptoms.

HOW DOES PMOS AFFECT FERTILITY?

One of the main reasons women with PMOS experience difficulty conceiving is due to irregular ovulation or anovulation.

Normally, an egg is released from the ovary every month. In PMOS, hormonal imbalance can prevent the egg from maturing and being released regularly. Without ovulation, the follicles containing the underdeveloped eggs will turn into the small fluid-filled sacs that are characteristic of the polycystic appearance seen in PMOS.

Most women with PMOS have elevated levels of luteinizing hormone and reduced levels of follicle-stimulating hormone (FSH), coupled with elevated levels of androgens and insulin. These imbalances can manifest as oligomenorrhea or amenorrhea (infrequent or lack of menstruation).

Underproduction of estrogen and overproduction of androgens by the ovaries can result in a number of additional clinical features, including tiny cysts on the surface of the ovaries.

PMOS typically involves hormonal imbalances, insulin resistance, and metabolic abnormalities, which significantly increase the risk of infertility. However, PMOS does not mean it is impossible to conceive.

The earlier PMOS is identified, the better the chances of preserving fertility and improving pregnancy outcomes. Although there is currently no cure for PMOS, early diagnosis and treatment along with weight management may lower the risk of long-term health issues.

MANY WOMEN WITH PMOS ACHIEVE SUCCESSFUL PREGNANCIES THROUGH:

01.



Healthy lifestyle changes
&
Be active

02.



Weight management
& Limit calories

03.



Ovulation-inducing medications

04.



Intrauterine insemination (IUI)
/ In vitro fertilisation (IVF)



Free 200 Points
Upon Sign Up



Birthday
Voucher



E-Stamp
Redemption



Exclusive
Promotion



My Health
Record



Point Redemption
200 Points = RM1



Daily Check In
Gain 1 Point



Lifetime
Membership

Lifetime Membership



Delicious Moments Everyday

Lee Kum Kee
Less Salty Soy
Sauce 250ml
RM 5.30/unit
NP: RM5.60



Lee Kum Kee
Pure Sesame
Oil 207ml
RM 10.00/unit
NP: RM10.50



Soon[®]
Health



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RADIANT
ORGANIC

GRAB 3 PAY FOR 2



HELPS
PREVENT UTI



HELPS LOWER
CHOLESTEROL



HELPS
RELIEVE GOUT

ORGANIC
PURE JUICES 946ML

RM88
each



100% PURE FRESH
PRESSED®



NO WATER
ADDED



NO SUGAR
ADDED



NO CHEMICALS &
PRESERVATIVES

Bonlife

BUY ANY 2 PRODUCTS

GET



10% OFF



T&C APPLY

STAY HEALTHY WITH US



Nouvelle

BUY & SAVE
Rebate Voucher RM5

GET RM5 OFF YOUR
NEXT PURCHASE!
1 OCT - 31 DEC
2026

HOW DOES IT WORK?

1 Purchase a Nouvelle Omega Fish Oil EPA 180 / DHA 120 Trial Pack (2 x 10's).

2 Download the MegaLive Buddy App and scan the QR code on the trial pack to receive an RM5 instant rebate voucher for Nouvelle Omega Fish Oil EPA 180 / DHA 120 (6 x 10's).



Download & be MegaLive Buddy



*Terms and conditions apply.
**Voucher valid for the purchase of any (1) Nouvelle Omega Fish Oil EPA 180 / DHA 120 (6 x 10's) full-size pack only.



Cilavit D
1000 IU

Herbion
NATURALS

Buy 3 for the
Price of 2

Chewable
Tablets

Orange
Flavour



MAL 23026027N

01/10/2026 - 31/10/2026

HELPS IN NORMAL
DEVELOPMENT & MAINTENANCE OF
BONE & TEETH

KKJU No. 2185/EXP-31.12.2026

Hayyes 5000 collagen
콜라겐

BUY 3 TUB
FOR THE PRICE OF 2



❖ **Marine Collagen Peptide**
Peptida Kolagen Marin

❖ **MCT Oil Powder**
Serbuk Minyak MCT



VANILLA
flavor

5000MG
collagen per serving

400G
per tub



Promote
Wound
Recovery



Promote
Joint
Health



Promote Skin
Strength &
Radiance

SPECIAL OFFER

BUY 3
FOR THE PRICE OF 2

ROSKEN
skinrepair
THE SKIN CARE EXPERT





Free 200 Points
Upon Sign Up



Birthday
Voucher



E-Stamp
Redemption



Exclusive
Promotion



My Health
Record



Point Redemption
200 Points = RM1



Daily Check In
Gain 1 Point



Lifetime
Membership

Lifetime Membership



Fresh On

Aromatherapy Roll-On
Calms & Relaxes you!

Stainless steel
rollerball for
easy application



BUY 3 FOR THE PRICE OF 2

YUKAZAN⁺

Your Baby Safeguard Companion

Essential Oil Roll On

1st Oct – 31st Oct 2026

BUY 3, PAY FOR 2!



100% PURE
Essential Oils
from UK

Baby Safe
Formula & Gentle
for Delicate Skin

G6PD Friendly
Safe for little ones

*T&C Apply



MS 2634
3 017-017/018

Say bye to DRY SKIN

Daily Moisture Care

HS Petroleum Jelly 45g



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3 UNITS FOR ONLY

RM17

NP: RM8.50 EACH

LIMITED TIME ONLY



**Cocoa
Butter**

Deeply moisturises and
softens dry rough skin



**VitE &
Olive Oil**

Helps protect skin &
keep it soft & smooth



**Locks in
Moisture**

Seals in moisture for
lasting softness

Valid from 1 to 31 October only

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BZU Bzü

Little Smiles, Big Comfort

= Shop Baby Essentials Now

Buy any 3 for price of 2
RM 53.80

Head to Toe Calming Scent 600ml
Silky Soft Shampoo 600ml
Happy Kids Body Wash 600ml
Fresh Cooling Shampoo 600ml



3 for price of 2
RM 19.80

Cooling Baby Powder 140g



3 for price of 2
RM 35.80

Cooling Baby Lotion 200ml

* while stock lasts. T&C Apply

STAY HEALTHY WITH US



GARDEN OF
EDEN

**Pure
By Nature
Made for you**

- 83% Natural Origin
- Cleanse dirt & impurities
- Suitable for all skin types



Bioré
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We got you Covered



Bioré UV
Aqua Rich Watery
Essence SPF50+
PA++++ 50g
RM22.90/each
NP: RM27.90



Bioré UV
Perfect Protect
Milk SPF50+ 25ml
(Moisture)
RM12.90/each
NP: RM16.80



Bioré
Cleansing Oil 150ml
RM20.90/each
NP: RM25.90

GARNIER

BUY 2
FOR 3



Garnier
Facial Mask
assorted
NP: RM9.90

BUY 2
FOR 3



Garnier
Water Gel 20ml
assorted
NP: RM19.90

**DO YOU
HAVE DRY EYES?**



**FREE 1 UNIT REFRESH TEARS /
REFRESH PLUS** with every purchase
2 units of Refresh Tears / Refresh Plus.

*While stocks last. Term and Condition applies.

abbvie | Refresh

Registered under Act 737
MDAMD 079/2026

Tarikh Kelulusan: 31 Mac 2026
ABBRMYW10326V1



Free 200 Points
Upon Sign Up



Birthday
Voucher



E-Stamp
Redemption



Exclusive
Promotion



My Health
Record



Point Redemption
200 Points = RM1



Daily Check In
Gain 1 Point



Lifetime
Membership

Lifetime Membership



Stretchable
Moves with You

Secure All-Day Fit

Flexible

Pain Relief

For Relief of Muscular Aches & Pains,
Inflammations, Stiff Neck & Shoulders,
Arthritic & Back Pains

MAL210014377X

BREATHE
FREE

Better Breathing, Better Living



Relieve Nasal Congestion
For Flu & Blocked Nose



Suppress Cough



Convenient & Easy
To Use

BUY 3 FOR 2

BreatheFree Vapour Patch
(Adults & Kids)
5's NP: RM22



MDAMD 0217/2023
GA7780924-177455
Registered under Act 737

ONE®

**BUY 3
FOR 2**

Extended Pleasures™

Malaysia's
1st Delay Condom



NP: RM11/each



Longer Lasting
Pleasure



Lubricated with
Mild Desensitizer



Improve Premature
Ejaculation

Super Studs™

Extra Large Studs For
Maximum Stimulation



Hundreds of
Pleasure
Intensifiers



Contoured
Shape



Mutual
Enjoyment



NP: RM11/each

BETADINE®

BE UNSTOPPABLE



**EXPLORE
YOUR
POSSIBILITIES**



TRI-CARE®
Formulation

+



PREBIOTIC
an alpha-glucan
oligosaccharide



Helps
Maintain
Natural pH



Soap-,
Paraben- and
Colorant-free



Moisturises
Gently



Hypoallergenic

RM20.07

BETADINE

Feminine Wash
Range 100mL



For safety information, special warnings and precautions consult the product label.
BETADINE® is a Registered Trademark.

STAY HEALTHY WITH US



EARTH
Act For Life

OASIS
Air Freshener Gel Premium Assorted 200g

RM10⁹⁰

NATUCAIR
Dreamy Fabric Spray Assorted 400ml

RM11⁰⁰

Kotex

BUY 2 FREE 1

Kotex
MAX PROTECT OVERNIGHT PANTIES

up to 0% LEAKS
in any sleep position

BIG PACK 5 + 1 FREE

Kotex
MAX PROTECT OVERNIGHT PANTIES

up to 0% LEAKS
in any sleep position

BIG PACK 5 + 1 FREE

Kotex
Max Protect Overnight Panties 5+1s
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*Source: Based on internal analysis by Galderma Malaysia Sdn. Bhd. using data from the following source: IQVIA Malaysia, Emollients & Protective Market, MAT Q1 2025 (Values).
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